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By MD Lester R Savage, Barbara Mulvey Little

Better Life Press, United States, 2015. Paperback. Condition: New. Language: English. Brand new Book. "Why do you want to live longer?" cardiovascular surgeon, researcher and man of faith Lester R. Savage, MD, asked his patients before their life-saving surgery knowing that the answer would aid their healing by bringing to their consciousness a motivation to live. In *Opening Hearts*, Dr. Savage poses that same question for all of us because he knows that the answer will guide our actions. He also asks us to consider: What is the purpose of my life? How can I live a life of meaning? What is happiness and how do I find it? What do my actions reveal about whom or what I love? Why does it matter? Doctor Savage then guides us with his unique and very spiritual "heart wisdom" to find our answers. He shares how the human body and the universe provide evidence for God. He reveals how spiritual awareness and life choices relate to healing, health, and happiness. And finally, he provides practical information to nurture the body, mind, and spirit. His goal: to help you create a life full of love and purpose. During his career, this Renaissance-style philosopher-surgeon-scientist...

#### Reviews

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