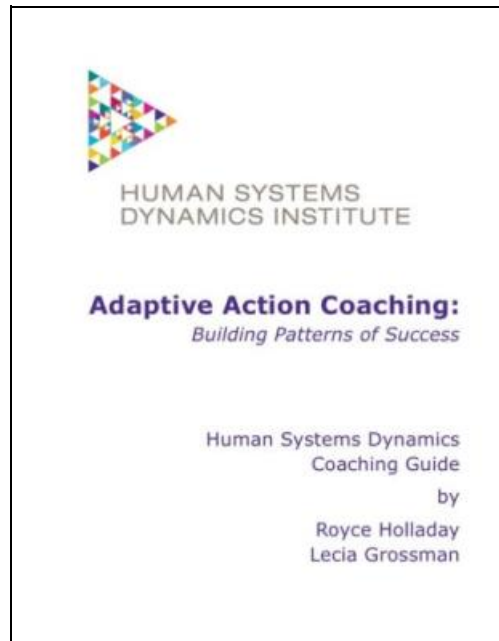


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## ADAPTIVE ACTION COACHING: BUILDING PATTERNS OF SUCCESS (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English. Brand new Book. This book uses human systems dynamics (HSD) to describe a breakthrough coaching model using cutting-edge models and methods for turning chaos and complexity into action and momentum. HSD coaching provides new ways for coaches and clients to make sense of the issues they face and create change. The coaching is rooted in Pattern Logic, Adaptive Action, and Inquiry, to explore the tensions that drive clients' lives and then to convert those tensions to energy for change. Based in the theory and practice of HSD, the program focuses on building a personal praxis around personal resilience. Coaches build their own resiliency as they help clients build theirs. HSD is a field of study that is grounded in the complexity sciences and chaos theory. Glenda Eoyang, founder of the field, and Associates of Human Systems Dynamics Institute have created easy-to-use models and methods to see, understand, and influence patterns of interaction and decision making. These models and methods depicted in this book inform coaches' questions as they support clients to see their own patterns in ways that inform wise action and change. Lecia Grossman, MA, CPCC. HSDP Lecia Grossman became a certified professional coach through the Coaches Training Institute in 2004 and completed the Co-Active Leadership program in 2005. She has also completed two courses in the Center for Right Relationships Organization and Relationship Systems Coaching, She has been a Human Systems Dynamics certified Associate since 2011. Lecia's coaching practice has spanned both personal and executive coaching, encompassing primarily corporate and non-profit sectors. Her coaching practice is supported by her 25 years of leadership experience, her MA in Human Development from St. Mary's University and BA in Psychology from St. Thomas University. She is extremely passionate about...



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